

Theory of Stochastic Processes

## Lecture 9: Stationary processes

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### 1 Stationary processes

Consider a discrete-time process  $X = \{X_n\}_{n=-\infty}^{\infty}$ . The index set is sometimes restricted to non-negative integers:  $\{X_n\}_{n=0}^{\infty}$ .

**Definition 1** (strong stationarity). A process  $X$  is said to be *strongly stationary* if the joint distribution of  $X_n, \dots, X_{n+m}$  is the same as that of  $X_0, \dots, X_m$  for all  $n$  and  $m$ .

*Example 1* (Markov chain). Let  $X$  be a Markov chain with the transition matrix  $(p_{ij})$  and a stationary distribution  $(\pi_i)$ . If  $P(X_0 = i) = \pi_i$ , then  $X$  is strongly stationary.

Today we focus on the following weaker version of stationarity. Here the state space is assumed to be  $\mathbb{R}$ .

**Definition 2** (weak stationarity). A process  $X$  is said to be *weakly stationary* if  $E[X_n] = E[X_0]$  and  $\text{Cov}[X_n, X_{n+m}] = \text{Cov}[X_0, X_m]$  for all  $n$  and  $m$ . For a weakly stationary process  $X$ , the *autocovariance function* is defined by

$$c(n) = \text{Cov}[X_0, X_n], \quad n \in \mathbb{Z}.$$

The *autocorrelation function* (ACF) is defined by

$$\rho(n) = \frac{\text{Cov}[X_0, X_n]}{\sqrt{V[X_0]V[X_n]}} = \frac{c(n)}{c(0)}.$$

whenever  $c(0) > 0$ .

It is easy to see that  $\rho(0) = 1$  and  $\rho(-n) = \rho(n)$  for all  $n$ . Note that the autocorrelation function is the autocovariance function of  $X_n/\sqrt{c(0)}$ .

*Example 2* (white noise). Let  $\{Z_n\}$  be a sequence of uncorrelated real-valued random variables with zero means and unit variances. Any process with this property is called a *white noise*.

The autocovariance function of a white noise is  $c(n) = \delta_0(n)$ , Kronecker's delta. See Figure 1.

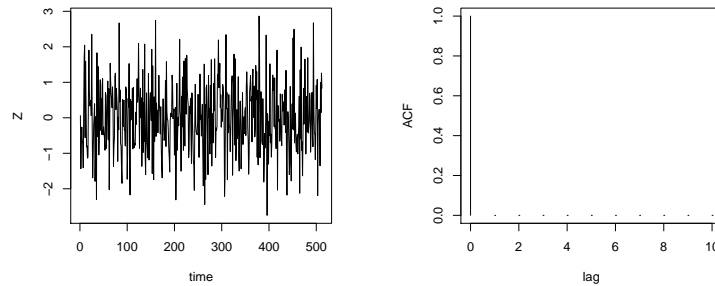


Figure1 A sample path (left) and the autocorrelation function (right) of the white noise.

*Example 3* (autoregressive process). Let  $\{Z_n\}$  be a white noise. Define a process  $\{X_n\}$  by

$$X_n = \alpha X_{n-1} + \sigma Z_n, \quad n \in \mathbb{Z},$$

where  $\alpha \in \mathbb{R}$  and  $\sigma > 0$ . This process is called an *autoregressive process* of order 1 (AR(1)). Suppose  $|\alpha| < 1$ . If  $X_n$  is weakly stationary (and therefore  $E[X_n^2]$  is bounded), we have

$$X_n = \sigma(Z_n + \alpha Z_{n-1} + \alpha^2 Z_{n-2} + \dots)$$

by induction, where the limit on the right hand side is interpreted in  $L^2$  sense<sup>\*1</sup>. Then the autocovariance function is  $c(n) = \sigma^2 \alpha^{|n|} / (1 - \alpha^2)$ . See Figure 2. Note that  $X_m$  and  $Z_n$  are uncorrelated if  $m < n$ . This property is called *causality*. See Section 3 and Problem 1.

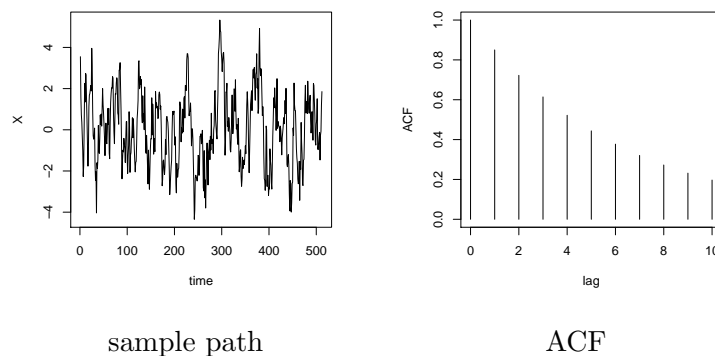


Figure2 A sample path (left) and the autocorrelation function (right) of AR(1) with  $\alpha = 0.85$ .

<sup>\*1</sup> We say that a sequence of random variables  $\{Y_n\}$  converges to a random variable  $Y$  in  $L^2$  if  $E[|Y_n - Y|^2] \rightarrow 0$  as  $n \rightarrow \infty$ .

## 2 Spectral distribution

The following theorem is powerful. See Section 4 for a sketch of proof.

**Theorem 1.** For any autocovariance function  $c$ , there exists a unique finite measure  $F$  on  $(-\pi, \pi]$  such that

$$c(n) = \int_{-\pi}^{\pi} e^{i\lambda n} F(d\lambda), \quad n \in \mathbb{Z}, \quad i = \sqrt{-1}, \quad (1)$$

and  $F$  is symmetric in the sense that  $F(A) = F(-A)$  for any subset of  $(0, \pi)$ . If  $c$  is an autocorrelation function ( $c(0) = 1$ ), then  $F$  is a probability measure.

If you are not familiar with the notation  $\int e^{i\lambda n} F(d\lambda)$ , just replace it with  $\int e^{i\lambda n} f(\lambda) d\lambda$  or  $\sum_{\lambda} e^{i\lambda n} f(\lambda)$ , in accordance with continuity or discreteness of  $F$ .

**Definition 3** (spectral distribution). The distribution  $F$  satisfying (1) is called the *spectral distribution*. If  $F$  has the density function  $f$ , then  $f$  is called the *spectral density function*.

*Example 4.* The spectral density of a white noise is  $f(\lambda) = 1/2\pi$ . Indeed,

$$\frac{1}{2\pi} \int_{-\pi}^{\pi} e^{i\lambda n} d\lambda = \delta_0(n).$$

*Example 5.* Let

$$X_n = A \cos(\lambda_0 n) + B \sin(\lambda_0 n), \quad n \in \mathbb{Z}, \quad (2)$$

where  $A$  and  $B$  are uncorrelated random variables with zero mean and unit variance, and  $\lambda_0 \in (0, \pi)$ . The autocovariance function of  $X_n$  is  $c(h) = \cos(\lambda_0 h)$ ,  $h \in \mathbb{Z}$ , and therefore the spectral distribution is a discrete measure  $(\delta_{\lambda_0}(d\lambda) + \delta_{-\lambda_0}(d\lambda))/2$ .

Intuitively speaking, any weakly stationary process is a superposition of (2) for infinitely many  $\lambda_0$ 's. This is mathematically justified by *spectral processes*, but not discussed here\*<sup>2</sup>.

*Example 6.* As we shall see in the following section, the spectral density function of AR(1) process  $X_n = \alpha X_{n-1} + \sigma Z_n$  is given by

$$f(\lambda) = \frac{\sigma^2}{2\pi} \frac{1}{1 - 2\alpha \cos \lambda + \alpha^2}.$$

Figure 3 shows the spectral density when  $\alpha = 0.85$ .

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\*<sup>2</sup> See e.g. Section 9.4 of PRP.

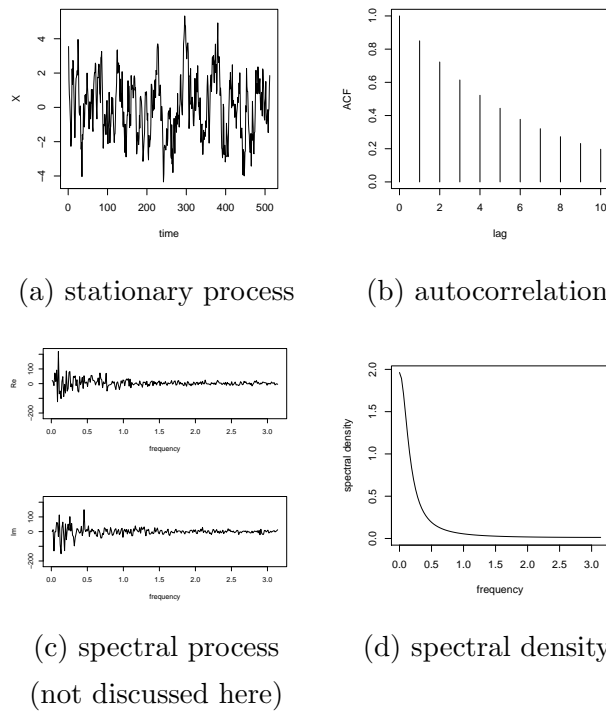


Figure3 Spectral representation of AR(1) with  $\alpha = 0.85$ . The upper two figures are the same as Figure 2. The lower two figures are the “Fourier transform” of them.

### 3 Causal processes

We give a broad class of weakly stationary processes. Let  $\{Z_n\}$  be a white noise. Define a lag operator  $L$  by  $La_n = a_{n-1}$  for any sequence  $\{a_n\}$ . A *causal process*<sup>\*3</sup>  $\{X_n\}$  is defined by

$$X_n = g(L)Z_n. \tag{3}$$

where  $g(L) = \sum_{m=0}^{\infty} g_m L^m$ ,  $g_m \in \mathbb{R}$ . More precisely,  $X_n$  is the output of a *causal system*  $g(L)$  when the input is a white noise. We put a technical assumption<sup>\*4</sup> that the convergence radius of a power series  $g(z) = \sum_m g_m z^m$  is greater than 1.

**Theorem 2.** The spectral density function of (3) is given by

$$f(\lambda) = \frac{1}{2\pi} |g(e^{i\lambda})|^2. \tag{4}$$

<sup>\*3</sup> For further details, See e.g. Brockwell and Davis (1991), *Time Series: Theory and Methods*, Springer.

<sup>\*4</sup> The assumption implies that the right hand side of (3) is well-defined.

*Proof.* The autocovariance function of  $X_n$  is

$$\begin{aligned} c(h) &= E[X_0 X_h] = \sum_m \sum_n g_m g_n E[Z_{-m} Z_{h-n}] \\ &= \frac{1}{2\pi} \sum_m \sum_n g_m g_n \int_{-\pi}^{\pi} e^{i(h-n+m)\lambda} d\lambda \\ &= \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| \sum_m g_m e^{im\lambda} \right|^2 e^{ih\lambda} d\lambda. \end{aligned}$$

Thus the spectral density is (4).  $\square$

*Example 7.* The stationary AR(1) process  $X_n = \alpha X_{n-1} + \sigma Z_n$  is rewritten as

$$X_n = \sigma(1 - \alpha L)^{-1} Z_n$$

if  $|\alpha| < 1$ . Therefore its spectral density is

$$f(\lambda) = \frac{1}{2\pi} \frac{\sigma^2}{|1 - \alpha e^{i\lambda}|^2} = \frac{1}{2\pi} \frac{\sigma^2}{1 - 2\alpha \cos \lambda + \alpha^2}.$$

## 4 Bochner's theorem

This section may be skipped. We denote the complex conjugate of  $z \in \mathbb{C}$  by  $\bar{z}$ .

**Definition 4** (non-negative definiteness). A complex-valued function  $\rho(n)$ ,  $n \in \mathbb{Z}$ , is called non-negative definite if  $\sum_{i=1}^k \sum_{j=1}^k \rho(n_i - n_j) w_i \bar{w}_j \geq 0$  for any  $k \geq 1$ ,  $n_1, \dots, n_k \in \mathbb{Z}$  and  $w_1, \dots, w_k \in \mathbb{C}$ .

**Lemma 1.** Any autocovariance function is non-negative definite.

*Proof.*  $\sum_i \sum_j c(n_i - n_j) w_i \bar{w}_j = \sum_i \sum_j E[X_{n_i} X_{n_j}] w_i \bar{w}_j = E[|\sum_i X_{n_i} w_i|^2] \geq 0$ .  $\square$

**Lemma 2.** If  $\rho$  is non-negative definite, then  $\rho(0) \geq 0$ ,  $|\rho(n)| \leq \rho(0)$ , and  $\rho(-n) = \overline{\rho(n)}$ .

*Proof.* Let  $k = 1$ ,  $n_1 = 0$  and  $w_1 = 1$  in the definition of non-negative definiteness. Then we have  $\rho(0) \geq 0$ . Let  $k = 2$ ,  $n_1 = 0$ ,  $n_2 = n$ ,  $w_1 = 1$  and  $w_2 = \alpha \in \mathbb{C}$ . Then we have  $(1 + |\alpha|^2)\rho(0) + \alpha\rho(n) + \bar{\alpha}\rho(-n) \geq 0$ . Take  $\alpha = \sqrt{-1}$  to obtain  $\text{Re}(\rho(n)) = \text{Re}(\rho(-n))$  and  $\alpha = 1$  to obtain  $\text{Im}(\rho(n)) = -\text{Im}(\rho(-n))$ . Let  $\alpha = -\overline{\rho(n)}/|\rho(n)|$  to obtain  $|\rho(n)| \leq \rho(0)$ .  $\square$

**Lemma 3.** Suppose that  $\rho$  is non-negative definite. Let  $N$  be a positive integer and  $\rho_N(n) = (1 - |n|/N)_+ \rho(n)$ , where  $a_+ = \max(a, 0)$ . Let  $f_N(\lambda) = (2\pi)^{-1} \sum_n \rho_N(n) e^{-i\lambda n}$ . Then  $\rho_N(n) = \int_{-\pi}^{\pi} e^{i\lambda n} f_N(\lambda) d\lambda$  and  $f_N(\lambda) \geq 0$ .

*Proof.* It is easy to see that  $\int_{-\pi}^{\pi} e^{i\lambda n} f_N(\lambda) d\lambda = (2\pi)^{-1} \sum_m \rho_N(m) \int_{-\pi}^{\pi} e^{i\lambda(n-m)} d\lambda = \rho_N(n)$ . We also have  $f_N(\lambda) = (2\pi N)^{-1} \sum_{j,k=1}^N \rho(j-k) e^{-i(j-k)\lambda} \geq 0$  by non-negative definiteness.  $\square$

Theorem 1 is a corollary of the following theorem.

**Theorem 3** (Bochner<sup>\*5</sup>). A sequence  $\{\rho(n)\}$  is non-negative definite if and only if there exists a finite measure  $F$  on  $(-\pi, \pi]$  such that

$$\rho(n) = \int_{-\pi}^{\pi} e^{i\lambda n} F(d\lambda). \quad (5)$$

In that case, the distribution  $F$  is unique.

*Proof.* It is easy to show that the equation (5) implies non-negative definiteness:

$$\sum_i \sum_j \rho(n_i - n_j) w_i \overline{w_j} = \sum_i \sum_j \int_{-\pi}^{\pi} e^{i\lambda(n_i - n_j)} F(d\lambda) w_i \overline{w_j} = \int_{-\pi}^{\pi} \left| \sum_i e^{i\lambda n_i} w_i \right|^2 F(d\lambda) \geq 0.$$

The converse is more technical. We only give a sketch here. Let  $\rho$  be a non-negative definite function and  $\rho(0) = 1$  without loss of generality. For each positive integer  $N$ , define  $\rho_N$  and  $f_N$  as Lemma 3. Define  $F_N(d\lambda) = f_N(\lambda)d\lambda$ . It can be shown that the sequence  $\{F_N\}_{N=1}^{\infty}$  is tight<sup>\*6</sup> in the space of probability distributions and hence there exists a probability distribution  $F$  such that a subsequence  $F_{N_j}$  converges to  $F$  in distribution. Then we have the relation (5) as follows:

$$\rho(n) = \lim_{j \rightarrow \infty} \rho_{N_j}(n) = \lim_{j \rightarrow \infty} \int_{-\pi}^{\pi} e^{i\lambda n} F_{N_j}(d\lambda) = \int_{-\pi}^{\pi} e^{i\lambda n} F(d\lambda).$$

Finally, we prove the uniqueness of  $F$ . Suppose (5) holds. Define  $\rho_N$  and  $f_N$  as above. It is sufficient to prove an inversion formula

$$F((a, b]) = \lim_{N \rightarrow \infty} \int_a^b f_N(\lambda) d\lambda, \quad (6)$$

whenever  $F(\{a\}) = F(\{b\}) = 0$ . By definition of  $f_N$  and (5), we have

$$f_N(\lambda) = \int_{-\pi}^{\pi} \sum_{n=-(N-1)}^{N-1} \left(1 - \frac{|n|}{N}\right) e^{i(\mu-\lambda)n} F(d\mu) = \int_{-\pi}^{\pi} \underbrace{\frac{1}{N} \left| \sum_{n=0}^{N-1} e^{i(\mu-\lambda)n} \right|^2}_{K_N(\mu-\lambda)} F(d\mu).$$

Integrating both sides from  $\lambda = a$  to  $b$ , we obtain

$$\int_a^b f_N(\lambda) d\lambda = \int_{-\pi}^{\pi} \left( \int_a^b K_N(\mu - \lambda) d\lambda \right) F(d\mu).$$

The function  $K_N$  converges to the “delta function”. More precisely, it is shown that

$$\lim_{N \rightarrow \infty} \int_a^b K_N(\mu - \lambda) d\lambda = \begin{cases} 1 & \text{if } \mu \in (a, b), \\ 0 & \text{if } \mu \notin [a, b]. \end{cases}$$

It is also shown that  $\int_a^b K_N(\mu - \lambda) d\lambda \leq \int_{-\pi}^{\pi} K_N(\mu - \lambda) d\lambda = 1$  for all  $N$ . Now the formula (6) follows from Lebesgue’s dominated convergence theorem.  $\square$

<sup>\*5</sup> e.g. W. Feller (1971), *An Introduction to Probability Theory and its Applications, Vol.2, 2nd ed.*, Wiley.

<sup>\*6</sup> For the definition of tightness and its implication, refer to any book on advanced probability theory, e.g., J. S. Rosenthal (2006), *A first look at rigorous probability theory*, 2nd ed., World Scientific.

## 5 Exercises

In the following, “stationary” refers to “weakly stationary”.

**Problem 1** (Non-causal process). Let  $\{Z_n\}$  be a white noise. Show that even if  $|\alpha| > 1$ , there exists a stationary process  $\{X_n\}$  such that  $X_n = \alpha X_{n-1} + \sigma Z_n$ , where  $X_{n-1}$  and  $Z_n$  are not necessarily uncorrelated\*<sup>7</sup>. [Hint: represent  $X_{n-1}$  in terms of  $X_n$  and  $Z_n$ .]

**Problem 2.** Let  $\{Z_n\}$  be a white noise. Define a process  $X = \{X_n\}$  by

$$X_n = \sum_{j=1}^p \alpha_j X_{n-j} + \sigma Z_n,$$

where  $\alpha_j \in \mathbb{R}$  and  $\sigma > 0$ . Suppose that all the roots of the equation  $1 - \sum_{j=1}^p \alpha_j z^j = 0$  with respect to  $z \in \mathbb{C}$  are outside the unit circle. This process is called an AR( $p$ ) process. Show that the spectral density function of  $X$  is

$$f(\lambda) = \frac{\sigma^2}{|1 - \sum_{j=1}^p \alpha_j e^{-i\lambda j}|^2}.$$

**Problem 3.** Let  $c(n)$  and  $d(n)$  be autocovariance functions.

- (i) Show that  $c(n) + d(n)$  is also an autocovariance function.
- (ii) Show that  $c(n)d(n)$  is also an autocovariance function.

[Hint: Consider processes  $X_n + Y_n$  and  $X_n Y_n$ , respectively, where  $X_n$  and  $Y_n$  are independent.]

**Problem 4.** Let  $A, B, \Omega$  be independent random variables. Assume that  $P(A = \pm 1) = P(B = \pm 1) = 1/2$ , and  $\Omega$  is uniformly distributed on  $(0, \pi)$ . Define a process  $\{X_n\}$  by

$$X_n = A \cos(\Omega n) + B \sin(\Omega n).$$

- (i) Show that  $\{X_n\}$  is a white noise.
- (ii) Show that  $X_{-1}, X_0, X_1$  determine the whole process  $\{X_n\}_{n=-\infty}^{\infty}$ .

**Problem 5.** Let  $X_n$  be a *circular* stationary process in the sense that there exists  $N \geq 1$  such that the autocovariance function  $c$  satisfies  $c(n) = c(n + N)$  for all  $n$ . Show that a matrix  $C = \{c(j - k)\}_{j,k=1}^N$  is non-negative definite. Use the spectral decomposition of  $C$  to obtain the identity

$$c(n) = \sum_{m=0}^{N-1} e^{2\pi i m n / N} f(m),$$

where  $f(m) = N^{-1} \sum_{n=0}^{N-1} c(n) e^{-2\pi i m n / N}$  is non-negative.

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\*<sup>7</sup> If we assume a priori that  $X_{n-1}$  and  $Z_n$  are uncorrelated, then there is no stationary solution  $X_n$ .

**Problem 6** (Effective sample size). Let  $\{X_n\}_{n=-\infty}^{\infty}$  be a stationary process with  $E[X_n] = \mu$  and  $E[X_m X_n] = \sigma^2 \rho(m-n)$ , where  $\rho$  is an autocorrelation function. Denote the sample mean and sample variance of  $\{X_n\}_{n=1}^N$  by

$$\bar{X} = \frac{1}{N} \sum_{n=1}^N X_n, \quad \hat{\sigma}^2 = \frac{1}{N} \sum_{n=1}^N (X_n - \bar{X})^2.$$

- (i) Show that  $E[\bar{X}] = \mu$  and  $V[\bar{X}] = (\sigma^2/N) \sum_{n=-(N-1)}^{N-1} (1 - |n|/N) \rho(n)$ .
- (ii) Show that  $E[\hat{\sigma}^2] = \sigma^2 - V[\bar{X}]$ .
- (iii) Assume  $\sum_{n=-\infty}^{\infty} |\rho(n)| < \infty$ . Show that

$$\lim_{N \rightarrow \infty} NV[\bar{X}] = \sigma^2 f(0), \quad \lim_{N \rightarrow \infty} E[\hat{\sigma}^2] = \sigma^2,$$

where  $f(0) = \sum_{n=-\infty}^{\infty} \rho(n)$  is the spectral density at frequency zero.

Remark: the quantity  $N_{\text{eff}} = N/f(0)$  is called the *effective sample size*. If  $N_{\text{eff}}$  is given, the variance  $V[\bar{X}]$  is estimated by  $\hat{\sigma}^2/N_{\text{eff}}$ . This strategy is used in error estimate of MCMC\*<sup>8</sup>

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\*<sup>8</sup> e.g. the ‘coda’ package in R language. <https://cran.r-project.org/web/packages/coda/coda.pdf>